Thank you for purchasing the Maternity Simulation Jacket. Please read this instruction manual carefully to ensure correct use of the product, and store it in a safe place for easy access.
Handling and Safety Precautions

These precautions should be strictly observed in order to ensure safe, long-term use of the product.

The following precautions should be observed particularly strictly:

1. Persons having lumbago or pregnant women must not wear this jacket because it imposes a burden on the waist and oppresses the abdomen.
2. In case pain is felt in the hip or in the abdomen or any abnormality such as vertigo occurs during use of the product, stop using the jacket.
3. Always wear the attached corset before wearing the product to prevent lumbago.
4. To wear the jacket correctly, do not wear by yourself since it may cause lumbago.
5. Do not put on high-heeled shoes or slippery shoes and do not run nor jump while wearing the jacket.

Washing method

1. Always remove the breast, gel weight, and iron grain bags when washing the jacket. After cleaning, fit each part to the jacket referring to a picture on page 4.
2. Can be hand washed in liquid with a maximum temperature of 40° C.
3. Do not use chlorinated or oxygen bleach.
4. Do not tumble dry.
5. Hang to dry in the shade.
6. Can be ironed at a maximum temperature of 150° C with the use of a protective ironing cloth.
7. Can be gently dry cleaned with the use of perchloroethylene and petroleum solvents.

Cautions for storage

1. Store in the bag with the abdominal side on top. If this side is on the bottom, the abdomen may be deformed due to the iron weights.

Materials

100% polyester, Made in Japan
1. The contents of this instruction manual are subject to change without notice.
2. This instruction manual may not be reproduced in part or in its entirety without permission.
3. Please contact the manufacturer in the event that any errors or omissions are found in the contents of this instruction manual.
4. This product should be used only as described in this instruction manual. In particular, the product should not be used in any way that contravenes the precautions noted in the instruction manual.
Table of Contents

1. Name of each part

2. Procedure for wearing a maternity simulation jacket
1. Name of each part

How to fit each parts after laundry.
Breasts: Zip the inside of jacket open and put inside. (Indicated with green line)
Gel weight: Zip the face of jacket open and put inside. (Indicated with blue line)
Iron grain bags: Zip the inside of jacket open and put inside. (Indicated with red line)
2. Procedure for wearing a maternity simulation jacket

① Wear the corset without fail for preventing lumbago.

② Set the abdomen of Maternity Simulation Jacket to the abdomen of a wearer.

③ Adjust the abdominal position by the shoulder belts.

④ Fix temporarily. Always start from the shoulders and proceed to the chest, abdomen and hip belts.

⑤⑥ Tighten the belts of Maternity Simulation Jacket so that the jacket fits snugly to body. (If the jacket does not fit snugly, it can cause lumbago and it will be difficult to accurately experience the feeling of pregnancy.)